



Color a Summer Smoothie

I make smoothies for their color as well as for flavor, I love the way they look in the glass. These are my favorite colors:

Fill each pitcher with the color of the smoothie it is next to.

Remember, an adult should assist the kids and a kid must assist an adult.



PINK: - Place in the workbowl of an electric mixer or blender:

1 C. Watermelon chunks
1/2 C. Strawberries
1/2 C. Milk

1/4 C. Strawberry sorbet
1 T. Honey
1 C. Ice



YELLOW: - Place in the workbowl of an electric mixer or blender:

1 C. Pineapple chunks
1/2 C. Mango or banana
1/2 C. Orange juice or lemonade

1/4 C. Peach frozen yogurt
1 T. Honey
1 C. Ice



BLUE: - Place in the workbowl of an electric mixer or blender:

1 C. Watermelon chunks
1/2 C. Blueberries
1/2 C. Grape juice

1/4 C. Strawberry sorbet
1 T. Honey
1 C. Ice

I hope you enjoy your “colorful” and flavorful smoothie.
And of course we thank you for visiting Albert and Patsy’s pages at leslietryon.com.